Warning

Installation of this hanging kit should be carried out by a qualified person, due to the fact that improper installation can result in personal injury and damage to property. This kit is designed to be attached to wooden studs or other wooden structural members. If attaching to any other structure, choose screws or fittings that are specially suited to that structure/material.

This kit includes all the hardware needed to attach your ENO hammock to any strong wooden structure. Please use common sense and caution when mounting a hammock and using tools. When in doubt, ask for help from someone with experience!

1. Lay your hammock out on the floor in a straight line directly under the spot you want to hang it to get a sense of how far apart your anchors will be. For most ENO hammocks we suggest 112” between anchors and about 50” from the ground. Because of variations between models and user preference, these numbers should only be used as a starting point. Remember, if you put your anchors too close together, your hammock will hit the floor, but if you put them farther apart, you can always use some rope or slap straps to span the distance.

2. Find a stud. If you have an electronic stud finder, use it now and skip to step 3. Tip: Tap the wall gently with the hammer and feel the vibration about 3” above where you are tapping. Slowly move to the right. When you find a stud, not only will the vibration reduce drastically, the sound will also change from a hollow sounding bass pitch to a flat thud. Tip: Electrical boxes are almost always mounted on a stud...which side is the stud on? Use your thin nail and slowly tap it through the sheetrock. If your nail meets no resistance after ½” it is just a hollow spot behind the sheetrock. THAT WON’T HOLD YOUR HAMMOCK UP! Try the opposite side. After sinking about ½” if you hit something hard, you have likely found a stud. Studs are typically spaced 16” on center (red numbers on most tape measures), more rarely, studs are spaced 24” on center. Tip: Windows and doors always have studs going up both sides and above them (These are not always on the 16” layout as door and window placement is based on preference, not the consistent stud layout) Still not sure? The internet is a great resource.

3. Once you have found studs, decide on a height and mark it on the wall. Before drilling, you will need to find the center of the stud. Studs are supposed to be 1½” wide, and they are supposed to be plumb (perfectly vertical), but that is just carpentry theory. We have found that the real world is much more crooked and wrong. Make a horizontal row of holes about every ¼” with the nail until you find the edge of the stud. Once you have found the edge, measure from there ¾” back toward the center and make a mark. Fill in unwanted nail holes with putty.

4. Using a drill and a 5/16” drill bit, drill straight into the stud to a depth of 3”.

5. With a 9/16” wrench or socket driver, begin tightening the lag screw (#4992) and anchor (#4991) to the wall. Position the anchor hanger as shown and tighten until snug. The anchor hanger should not be able to move and the sheetrock should be slightly compressed when sufficiently tightened. Overtightening may result in damage to the sheetrock.

6. Replace your hammock carabiners with INCLUDED STEEL CARABINERS. Do not attach aluminum carabiners directly to the anchors. Doing so will damage the carabiners and may result in injury. Attach the hammock directly to the anchor points and gently lower yourself into the hammock, checking anchors for correct and secure installation.

Eagles Nest Outfitters, Inc. (“ENO”) will not be liable for any damage or injury as a result of incorrect installation, improper use, or alteration. If in doubt, consult a professional for installation. Using any hammock carries an inherent risk. Never hang a hammock higher than 18” above the ground. Always check for wear and damage before using your hammock and hanging kit and immediately replace any damaged or worn components.